



## Coffee with Carla

Unit Practice Council chairs have been meeting once a month with system Chief Nursing Officer Carla Yost to discuss how they're advancing professional bedside nursing through recruitment and retention efforts, bedside shift report and other quality, patient safety and patient experience initiatives.

Kasey Caliendo, RN, who serves in the Resource Pool, reported that she has been working with Ruth Hommertzhaim, RN, to expand her team's skill set in preparation for increased volumes in the NewLife Center when the Spirit contract goes into effect July 1. The group also discussed clinically integrated networks and how this new model of care is driving business, such as the Spirit contract, Via Christi's way.

"My role is to ensure that our nursing practice supports our overall strategy, but I'm unable to inform effective strategy unless I'm listening to the people providing care at the bedside," Carla says. "I really appreciate everyone welcoming me to their units, for attending various functions like this meeting and for trusting me with your feedback."

Carla says it's that feedback which allows the nursing leaders to advocate for the supplies and resources nurses at the bedside need to do their job effectively. Nurses at the bedside have an important role in supporting Via Christi's clinical integration strategy as well: Leading the charge for improving quality on their unit.

The monthly sessions are open to any nurse who is free at that time to attend. Although typically held on the first Monday of the month, with the holidays, February's Coffee with Carla will be held on Monday, Feb. 13, in Conference Room A at Via Christi Hospital St. Joseph.

## Missy Hampel: A grateful heart

Missy Hampel, RN, nursing director for the MICU at Via Christi Hospital St. Francis, is one of the longest continuous donors to One Community, an annual associate campaign that benefits Children's Miracle Network Hospitals, patients and families, associates and the United Way of the Plains.

Missy has donated to the campaign every year for the past 29 years—demonstrating her continued commitment to patients and colleagues.

"Our Via Christi family is a close one—one where nurses like Missy extend themselves in service beyond what is required," says Carla Yost. "It's an environment of caring where we go the extra mile for patients and colleagues."

In fact, two nurses were among the ones who received help this past year from the One Community-supported Employee Assistance Fund, when they lost their homes to fire.