

# KANSAS SURGERY AND RECOVERY CENTER, INC.

## 2017 – 2019 Implementation Strategy Plan

### Implementation Strategy Narrative

#### Hospital Mission

Mission – Kansas Surgery and Recovery Center, as an integral part of the Wichita community, is committed to providing state of the art, patient-focused, high quality, affordable health care. This will be accomplished through healthcare professionals who are competent caring people dedicated to patient and service excellence and responsive resource management in a distinct spiritual environment without prejudice as to race, color, religion, age, national origin or gender.

#### Overview

Kansas Surgery and Recovery Center (KSRC) is among the top ten percent in the nation according to Healthgrades. KSRC is also a Five-star recipient for total knee replacement for six consecutive years. KSRC is a physician-led hospital specializing in orthopedics. Owned in partnership with Via Christi Health and area physicians, the hospital celebrated its 20<sup>th</sup> year of service to the community in spring 2015. Licensed for up to 34 beds, it features 14 operating rooms, two special procedure rooms and 30 pre- and post-operative stations.

In 2014, KSRC was also recognized by The Leapfrog Group to its annual list of Top Hospitals. An elite distinction awarded to hospitals nationwide for demonstrating excellence in hospital safety and quality. The Leapfrog Top Hospital award is given to less than seven percent of all eligible hospitals.

#### Kansas Surgery and Recovery Center Includes:

- 14 operating rooms
- 30 pre- and post-operative stations
- 1 special procedure room
- 30 private inpatient bed rooms

In addition to providing charity care to low-income and Medicaid patients, here are some examples of ways KSRC associates contributed time, talent and treasure to Sedgwick County residents by:

- Staff serving as volunteers for the Prairie Fire Run which benefits the Via Christi Hospital's Burn Center
- Staff participating in the annual YMCA's Bowl a Thon
- KSRC, in partnership with the American Red Cross, hosting periodic blood drives where their staff and leaders donate blood.
- In partnership with the Pando Initiative, KSRC provided hygiene kits and home supplies to nine local schools for low-income students.

#### Community Needs Assessment Overview

In 2016, Kansas Surgery and Recovery Center, along with Via Christi Hospital – Saint Teresa, Via Christi Hospital – Wichita and Via Christi Rehabilitation Hospital participated with United Way of the Plains and the Sedgwick County Health Department in a six-county community needs

assessment. Surveys were mailed to 695 community leaders, 262 not-for-profit and government agency executives and 7,600 randomly selected households. Subtracting the surveys that were undeliverable, the total number of surveys distributed was 7,712 and 841 returned for an overall response rate of 10.9 percent.

Looking at the individual surveys, the response rate for each is as follows: 18.7 percent for community leaders, 46.6 percent for agency executives and 8.9 percent for randomly selected households.

Respondents were asked to prioritize three community issues education; income and self-sufficiency; and health. Community respondents ranked the education community issue area as the highest priority for their local community. Among the educational issues, they ranked school readiness and reading at grade level by 3<sup>rd</sup> grade as the most critical elements.

Community respondents ranked the income/self-sufficiency community issue area as the second highest priority for their local community. Among income/self-sufficiency issues, they ranked employment/job training and housing.

Health issue areas ranked third highest by community respondents. Their areas of concern revolved around access to health care which ran the gamut including health insurance, affordability, availability, medical practitioners accepting specific types of health insurance coverage; having a sufficient number of medical professionals to serve various geographic areas and medical transportation.

The random sample of community households were asked to review and rate 63 education, health and income concerns and asked to rate whether any of these were a major, moderate, minor or a non-issue for their household or neighborhood. Following are the top ten major health issues that respondents identified as a problem for their household and/or neighborhood.

- 1) Health insurance
- 2) Basic medical care for low-income
- 3) Prescription medicine financial assistance
- 4) Child abuse prevention/education
- 5) Immunization of adults/children
- 6) Human trafficking prevention/education
- 7) Family violence prevention
- 8) Food assistance
- 9) Sexual assault prevention/education
- 10) Counseling/mental health services

## **Major Identified Needs Being Addressed by KSRC**

### **Health Insurance**

**Goal: To support the expansion of Medicaid in the State of Kansas and encouraging patients to participate in the Accountable Care Act insurance exchange programs**

In concert with Via Christi Health leadership team and board of directors, KSRC continues to be a strong proponent in the need to expand Medicaid across Kansas. Affordable health care, in our Catholic tradition, should be a right given to all but especially for those who are poor and vulnerable. KSRC continues to offer charity care to the poor, takes care of those who are recipients of Medicaid and Medicare knowing that the government will not be paying the full cost of

that care, and aggressively assisting those who come into its hospital to register for programs to which they are entitled.

### **Basic Medical Care for Low-Income**

**Goal: To improve the patients' understanding on the need for a medical care home**

Basic medical care for all people is a right and responsibility of every community. People who are ill and denied medical care not only jeopardize their own health but may impact others who share their environment. Waiting until one is in crisis to seek medical care is not only dangerous but may have serious economic impact for families, health care providers and hospitals.

Having a medical home, a place where one can call and make an appointment to see a physician and/or a nurse practitioner prior to having an emergency is in the best interest of all, especially the patient who can receive quality preventive care or treatment at the time of illness.

Patients accessing Emergency Rooms are denying themselves the benefits that come with having a medical home. Having a doctor, nurse or other practitioner who knows your personal medical history will provide patients with the best long-term care. KSRC case managers work with patients to find medical homes prior to discharge from the hospital when needed.

### **Assistance with Prescriptions for Low-Income**

**Goal: To improve the patients' ability to afford their required medications**

Hospital inpatients may be eligible to receive financial assistance in procuring their required medications. KSRC works closely with VCH-W which currently operates a 340B drug pricing program on medication and pays an annual fee to be a Dispensary of Hope Pharmacy as well. Involvement in these programs is to better serve vulnerable patients and to decrease the burden of cost for uninsured patients who need prescription assistance.

### **Tutoring for Children/Youth at Risk of Failure**

**Goal: To improve students attendance at school through recognition efforts in partnership with Pandora Initiative.**

KSRC does not directly provide tutoring for children but supports efforts through the Pandora Initiative at Jefferson Elementary to encourage scholarship and attendance through an annual awards luncheon and other financial assistance during the school year.

## **Needs That Will Not Be Addressed**

### **Child Abuse Prevention/Education**

New parents are not always ready to embrace changes that accompany a new baby. Many young parents have limited first-hand experience with dealing with babies and as a result may inadvertently hurt their child even though they love that child. That is why patients who may access the Emergency Room at VCH-ST are referred to VCH-W which offers traditional parenting classes in addition to non-traditional training like Boot Camp for New Dads. Other resources that are available in Sedgwick County to train parents, caregivers and others how to properly handle infants, toddlers and children include: Children and Family Services Partnership, Early Childhood Connections, Safe Kids Wichita Area, Healthy Babies, 0-5 Early Childhood Program/Early Head Start and Head Start, Wichita Family Crisis Center – Outreach Services, Parents as Teachers – Wichita, Parenting for a New Generation, Kansas Circle of Parents Support Group Program,

Parent Helpline, Parent Assistance Network Family Life and Resource Management, Moving onto Motherhood (M.O.M.), The Treehouse, Healthy Families, PATHS for Kids and KCSL Outpatient Mental Health,

## **Immunization of Adults/Children**

In 1991, when the U.S. Public Health Service introduced national goals for vaccines of adults to reduce the morbidity and mortality rates from preventable diseases, only 21 percent of 50 to 64-year olds were receiving the flu vaccine. In the USA, an average of five to 20 percent of the population gets influenza; more than 200,000 are hospitalized and nearly 36,000 die from it annually. From September 1, 2013 to January 14, 2014, the Kansas Department of Health and Environment reported 510 deaths in Kansas due to complications from influenza or pneumonia. Influenza and pneumonia was the eighth leading cause of death in 2012 in Kansas. To protect employees from contracting the disease, KSRC gives free flu shots to employees to further protect patients and their workforce as a condition of employment. County residents in need of influenza vaccinations but cannot afford them can contact Sedgwick County Division of Health, GraceMed Clinic, and Preventive Health – West Central to name a few.

## **Human Trafficking Prevention/Education**

Human trafficking is the fastest-growing criminal industry in the world today, often operated by organized crime syndicates. Traffickers use force, fraud or coercion to enslave their victims into situations involving sexual exploitation or forced labor. Human trafficking is a devastating human rights violation, is seen as a form of modern day slavery, and takes place not only internationally, but also here in the United States.

Via Christi Hospital - Wichita has become a national model for Ascension Health in dealing with this vulnerable population. Since VCH-W first initiated this program, over 40 victims have been identified and assisted. The Human Trafficking program staff is working closely with local and state law enforcement agencies and VCH-W's Forensic Nursing Program to address the needs of those identified as human trafficking victims in our clinics or emergency rooms. VCH-ST staff has worked closely with VCH-W to ensure their nurses and other front-line workers are prepared to recognize and refer human trafficking victims for additional help if they present themselves in the Emergency Department or are admitted as inpatients for other injuries or illnesses.

Other agencies, in Sedgwick County are also focusing attention and resources on this issue in hopes of educating more businesses on how to recognize possible victims. VCH-W staff, working with a national leader on the subject, has developed tools which are in the process of being distributed throughout the Ascension Health ministries for national awareness of human trafficking victims. Other HT preventative programs include: Center for Combating Human Trafficking (Wichita State University), Wichita Family Crisis Center – Outreach Services, Child Advocacy Center of Sedgwick County, Wichita Children's Home, and Raise My Head.

## **Family Violence Prevention**

Family violence prevention is a serious public health problem, according to the Centers for Disease Control and Prevention. From infants to the elderly, it can affect people in all stages of life regardless of race, religion or economic status. Many victims survive the violence but suffer physical, mental and or emotional health problems through the rest of their lives. Because KSRC is a surgical specialty hospital and does not operate a 24/7 Emergency Room, issues around family violence is not an issue that is routinely experienced at KSRC. Organizations in the community who deal with this issue include: Ascension Via Christi Outpatient Clinic, Kansas Family Advisory

Network, Prevention and Protection Services, Friends University Center on Family Living, Harbor House Domestic Violence Shelter and Outreach Services, Wichita Family Crisis Center, Healthy Families, Marriage and Family Therapy, Domestic Violence Victims – H.O.P.E., Inc., Word of Life Counseling Center, Prairie View, Inc., KCSL Outpatient Mental Health, Psychology Clinic (Wichita State University), University of Kansas – Wichita Psychiatry, University of Kansas – Wichita Psychology, HopeNet, Inc., Counseling, E.C. Tyree Health and Dental Clinic, COMCARE Community Crisis Center, Central Christian Counseling Center, Cana Counseling, Resolutions Therapy, and Counseling Center at Mental Health Association,

## **Food Assistance**

KSRC case managers, who are aware of the patient (and many times their family) needs, will assist in getting the patients signed up for Medicaid and/or Food Stamps if they determine the patient meet the criteria. The patient is also given information about community resources to assist with food needs until government assistance is available. Other organizations who assist with food in the Wichita/Sedgwick County area include: Community Food Ministry, Our Daily Bread Food Pantry, Jehovah Jireh Food and Clothing Center, Park City PRIDE Food Pantry, Double Up Food Bucks, CSFP – Commodity Supplemental Food Program, New Beginnings Food Handout Program and Clothes Closet, Commodities and Food Pantry, His Helping Hands Food Pantry, College Hill UMC Food Pantry, Sharon Baptist Church Food Pantry, Helping Hands Food Pantry, Chisholm Trail Church of Christ – Open Food Pantry, Calvary Bible Church Emergency Food, Rivercrest Free Methodist Food and Hygiene Pantry, Hillside Christian Church Food Pantry, Food Program – Breakthrough, Emergency Assistance Centers – Downtown Social Services, Loaves and Fishes, Community Outreach – Union Rescue Mission, Westside Good Neighbor Center, West Side Church of God, St. Patrick Catholic Church – The Lord’s Pantry, St. Jude Catholic Church Lord’s Pantry, Simple House, Mt. Vernon Presbyterian Church Food Pantry, Living Waters Ministry, Giving Center, Bread of Life, Grace Revolution Church Neighborhood Love Pantry, The Cupboard, and Hilltop Neighborhood Outreach.

## **Sexual Assault Prevention/Education**

KSRC supports the work of the many agencies in the community that are already addressing this issue. Some of them include: Sexual Assault Center, Marriage and Family Therapy, Word of Life Counseling Center, Sex Education Programs for the Community, Wichita Police Department,

## **Treatment for Life-Threatening Diseases**

Each patient and/or their caregiver is strongly encouraged to work with KSRC case management department to find a physician willing to provide long-term care for the patient prior to dismissal to avoid mostly re-hospitalizations if they are not already involved with a personal physician. Since KSRC focuses only on orthopedic surgeries, treatment for life-threatening diseases are not a focus of this hospital.

## **Counseling/Mental Health Services**

According to the Kansas Health Institute, budget cuts to the state’s mental health system have been devastating. The Association of Community Mental Health Centers of Kansas, which is comprised of 26 community mental health centers issued a statement about the \$30 million in funding cuts that it says its members have suffered in the past 12 months. Organizations in the Wichita/Sedgwick County area who have more experience to deal with this population include: COMCARE, Via Christi Behavioral Health Outpatient Clinic, Prairie View, Marriage and Family

Therapy, Word of Life Counseling Center, Friends University Center on Family Living, Marriage and Family Therapy, Word of Life Counseling Center, Psychology Clinic (Wichita State University), University of Kansas – Wichita Psychiatry, University of Kansas – Wichita Psychology, HopeNet, Inc., Counseling, Central Christian Counseling Center, Cana Counseling, Resolutions Therapy, and Counseling Center at Mental Health Association,

**Preparing Young People for the Workforce** – KSRC does not offer job opportunities for youth as this is not an area of expertise. Organizations who do work with youth on preparation to join the job market include: WIA Youth Program, Youth Advocacy – H.O.P.E., Employment Program – Breakthrough, Economic and Employment Services – Work Program, Workforce Development, Job Corps, NexStep Alliance, Wichita Sedgwick County Community Action Partnership, Job Placement, and American Indian Council.

**Tutoring for Children/Youth at Risk of Failure** – KSRC does participate on a community committee that deals with this issue but isn't directly involved in tutoring children.

To see complete Community Health Needs Assessment go to:

<https://www.viachristi.org/sites/default/files/Wichita%20Market%20Final%20Assessment%2008162017.pdf>.